

IARPP-SPAIN MEMORY OF ACTIVITIES 2006

The Spain Chapter of IARPP joints 19 present or future IARPP-members established in Spain as professional psychotherapists that uses Spanish as one of their main languages. There is two main district areas: Barcelona and Madrid. In Barcelona works Ramón Riera (Honour President of the Chapter), the promoter of Relational Perspectives in Spain, with Rosa Velasco, Catalina Munar, Caroline Flaster, Laura Molet. In Madrid, there is a variety of professionals (Augusto Abello, Manuel Aburto, Carmen Alonso, Alejandro Ávila, Dora Deprati, Susana Espinosa, Sonsoles García-Valdecasas, Ariel Liberman, Raul Naranjo, José-Manuel Pinto, Carlos R. Sutil, Pilar Vivar) the more of them joined in a professional and training association (Institute of Relational Psychotherapy), with clinical centers (e.g. Ágora Relacional), and other structures (e.g. GTI-POP). Finally, some colleagues works in other areas of Spain (Antonio Tinajas in Cáceres – Auxano Center; José Gonzalez in Salamanca – Self Center). New members are expected during 2007.

WHO IS WHO IN THE SPAIN CHAPTER

- Augusto Abello**, Psychologist & Psychoanalytic Psychotherapist, proposes a recovering of S. Freud's theories from relational perspectives, and conducting seminars with Ariel Liberman on "Relational Psychoanalysis" and "Winnicott Today".
- Manuel Aburto**, Psychologist & Psychoanalytic Psychotherapist, focuses on trauma theory and clinics, and recent neurobiology developments.
- Carmen Alonso**, Clinical Psychologist & Psychoanalytic Psychotherapist, focuses on psychosocial intervention with people suffering from cancer.
- Alejandro Ávila**, Ph.D., Clinical Psychologist & Psychoanalytic Psychotherapist and President of IARPP-Spain Chapter, focuses on technical and research advancements on psychotherapy process. Organizer of the 1st congres on Intersubjectivity in Spain (Almagro, 2002) has promoted the interventions of Robert Stolorow, Gianni Nebiossi, Margaret Crastnopol in Madrid and surroundings. Editor of the journal *Intersubjetivo* (1999-2006), now launching a new e-journal: *Clínica e Investigación Relacional*.
- Dora Deprati**, Psychologist & Psychoanalytic Psychotherapist, proposes a recovering of S. Freud's theories from relational perspectives with special contributions to the study of Moral Masochism.
- Susana Espinosa**, Physician & Psychoanalytic Psychotherapist, focuses on psychological and psychotherapy habilities on the management of medical care and illness.
- Caroline Flaster**, Psychologist & Psychoanalytic Psychotherapist, focuses on infant mental health & research and their contributions to psychotherapy.
- Sonsoles García-Valdecasas**, Psychologist & Psychoanalytic Psychotherapist, focuses on Infant and Adolescent psychotherapy strategies.
- José Gonzalez**, Psychologist & Psychoanalytic Psychotherapist, focuses on addictive problems and their treatment strategies.
- Ariel Liberman**, Psychologist & Psychoanalytic Psychotherapist, focuses on a dissemination and better knowledgement in our country of the work of Stephen Mitchell and conducting seminars with Augusto Abello on "Relational Psychoanalysis" and "Winnicott Today".
- Laura Molet**, Psychologist & Psychoanalytic Psychotherapist, focuses on eating disorders, shame and bullying in psychotherapy of Children, Adolescent and Adults.
- Catalina Munar**, Psychologist & Psychoanalytic Psychotherapist, focuses on early psychopathology (babies and their mothers).
- Raul Naranjo**, Clinical Psychologist & Psychoanalytic Psychotherapist, focuses on rehabilitation and psychosocial interventions.
- José-Manuel Pinto**, Clinical Psychologist & Psychoanalytic Psychotherapist and Treasurer of IARPP-Spain Chapter is one of the pioneers of relational training seminars in Madrid, focuses on management of Therapeutic Alliance and Impasse.
- Ramón Riera**, Psychiatrist & Psychoanalytic Psychotherapist and Vice-President of IARPP-Spain Chapter has been the promoter and conductor of the Relational Psychoanalysis Seminar in Barcelona during years, and promoted a wide variety of training activities of IARPP members in Spain, such as Robert Stolorow, Joseph Lichtemberg, Malcolm Slavin, Donna Orange, Gianni Nebiossi, Margaret Crastnopol and many others.
- Carlos R. Sutil**, Ph.D., Clinical Psychologist & Psychoanalytic Psychotherapist, Member of the IARPP-Spain Chapter Board, focuses on psychopathology, assessment, psychoanalytical psychotherapy and philosophy of psychology. Awarded with the Prize "Dámaso Alonso" for an Essay in Philosophy on the Wittgenstein's work.
- Antonio Tinajas**, Psychologist & Psychoanalytic Psychotherapist focuses on psychoanalytic psychotherapy of adults.
- Rosa Velasco**, Physician & Psychoanalytic Psychotherapist and Member of the IARPP-Spain Chapter Board, focuses on clinical aspects of Shame and Transference, giving lectures and contributions to a variety of seminars.
- Pilar Vivar**, Clinical Psychologist & Psychoanalytic Psychotherapist and Secretary of IARPP-Spain Chapter, focuses on psychotherapy of children and adolescents, and interventions with adoptive parents.

PAPERS AND LECTURES PRESENTED OR PUBLISHED

- GRITA group (2006). Thirdness and change according to the relational psychoanalysis. Brief vocabulary. Paper presented at the *IV Congress of the FEAP (Spanish Federation of Psychotherapists Associations)* Segovia, march-april 2006.
- Pinto, J.M. (2006). Change of paradigm: the Relational Psychoanalysis. *Intersubjetivo*: 8 (1), June 2006.

TRAINING ACTIVITIES AND SEMINARS SPONSORED

- **Training program on Relational Psychoanalytic Psychotherapy.** Directed by Alejandro Ávila (in Ágora Relacional-Madrid): First level (2005-06): 220 hours of activities devoted to main theoretical perspectives on Relational Psychoanalysis; Second level (2006-07): 220 hours of activities devoted to theory and technique of Intersubjective Psychotherapy. With a variety of contributors: Alejandro Ávila, Carlos R. Sutil, Manuel Aburto, Pilar Vivar, Sonsoles G^a-Valdecasas, Ramon Riera, Rosa Velasco, José Jiménez-Avello, Roberto Arendar, J.M. Pinto and others. This program includes lectures, case presentations, group supervision and group discussions. A third level has been planned for 2007-08.
- **Malcolm Slavin in Barcelona: why psychoanalysts needs to change themselves?** A meeting session organized by Ramón Riera in May 2006.
- **Seminars in Ágora Relacional - Madrid: (1) Relational Clinic** (conducted by Alejandro Ávila; 120 hours); **(2) Severe Personality Disorders** (conducted by Carlos R. Sutil; 60 hours); **(3) Key Figures for Relational Psychoanalytic Psychotherapy** (During 2006-07 we´re studying the contributions of Sándor Ferenczi [by J.J. Avello], Ronald Fairbairn [by C.R. Sutil] and Stephen Mitchell [by Ariel Liberman])
- **Seminar: Contemporary Relational Psychotherapy.** Conducted by J.M. Pinto. 60 hours in 2006-07. Main themes: Validation of clinical subjectivity; Knowledge of clinical relational theory across the texts of important authors (Mitchell, Stolorow, Benjamin, Hoffman, Aron, etc...); Implications of the epistemologic revolution in psychoanalysis; Central technical problem: learning to build up and restore a good therapeutic alliance and solving impasse situations.

OTHER ACTIVITIES

- A working group conducted by Ariel Liberman is performing a panel presentation for IARPP Congress in Athens, next July 2007
- IARPP-Spain have developed conjointly with ÁGORA RELACIONAL center a web page on the site <psicoterapiarelacional.com> that includes a lot of information on our activities, links with IARPP homepage, and specific pages devoted to some central figures such as Sándor Ferenczi, Enrique Pichon-Rivière, Stephen Mitchell, and other are now in progress. See: <http://www.psicoterapiarelacional.es/portal/>
- A new project, next to be launched is the publication of an e-journal: *Clínica e Investigación Relacional*. The promoters of this initiative are Alejandro Ávila, Ramón Riera and Carlos Rodríguez-Sutil. Some other IARPP members have been invited to join this initiative.
- We are considering also the possibility to support publications on relational psychoanalysis in spanish, trough translations of key books or new ones.

NEWS FROM ORGANIZING FRAMEWORK AND SECRETARY

- IARPP-Spain by-laws have been fully approved by the Ministry of Internal Affairs of Spain
- IARPP-Spain logo have been registered as trademark in order to protect it under the Spanish law.
- IARPP Office have been established in Madrid:
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